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LOTHINGLAND RURAL DISTRICT

COUNCIL

ANNUAL REPORT OF THE

MEDICAL OFFICER OF HEALTH

AND THE

PUBLIC HEALTH INSPECTOR

FOR THE YEAR

1964

COUNCIL OFFICES,
RECTORY ROAD,
LOWESTOFT.

MEDICAL OFFICER OF HEALTH:	A.C. GEE, M.R.C.S., L.R.C.P., D.P.H.
PUBLIC HEALTH INSPECTOR, PUBLIC CLEANSING OFFICER and PETROLEUM OFFICER:	R. GROAT, M.A.P.H.I.
ADDITIONAL PUBLIC HEALTH INSPECTOR:	G.J.L. HORNE, M.A.P.H.I., A.I.P.H.E.

Council Offices,
Rectory Road,
Lowestoft.

Mr. Chairman, Ladies and Gentlemen,

I have the honour to present the Annual Report on the health of the Lothingland Rural District for the year 1964.

The Registrar-General's figures show another increase from 17,100 to 17,900 in the estimated population for mid-1964. There were 33 more livebirths and 23 fewer deaths during the year, but these have not greatly affected the rates per 1,000 population, which are close to the national averages.

Notifications of infectious diseases were again much lower (154 in 1964 - 184 in 1963). There was a small outbreak of whooping cough in the June quarter of the year, but measles notifications were down from 154 to 109.

Only 13 deaths occurred in the age groups under 45 years, and otherwise the causes of deaths followed much the same pattern, with one third being due to heart conditions and one quarter attributed to various forms of cancer.

Mr. Groat, your Public Health Inspector, has prepared that part of the report dealing with the work of the Council as local sanitary authority, and I am grateful to him for this, and for the help he has given me during the year. Attention is again drawn to the use by holiday makers of temporary stopping places near the major seaside resorts.

I express my thanks to you, Mr. Chairman, and to the Members of the Council for the interest shown in the work of the Health Department.

I have the honour to be,
Your obedient servant,

ARTHUR C. GEE

August, 1965. Medical Officer of Health.

GENERAL STATISTICS

Area: 44,675 acres (Census, 1961)

Population, 1964: 17,900 (as estimated by the Registrar-General)

Population, Census 1961: 16,034

Number of inhabited houses at 31st December, 1964: 6,340

Rateable value as at 31st December, 1964: £494,436

EXTRACTS FROM VITAL STATISTICS

	LOTHINGLAND					England and Wales rates
	Total	Male	Female	Crude rate	Adjusted rate	
Live Births -						
legitimate	286	140	146	-	-	-
illegitimate	15	7	8	-	-	-
total	301	147	154	-	-	-
Live birth rate per 1,000 population	-	-	-	16.8	17.8	18.4
Stillbirths -						
legitimate	6	2	4	-	-	-
ilegitimate	1	1	-	-	-	-
total	7	3	4	-	-	-
Stillbirth rate per 1,000 population	-	-	-	22.7	24.0	16.4
Infant Deaths - under one week						
legitimate	2	2	-	-	-	-
ilegitimate	1	1	-	-	-	-
total	3	3	-	-	-	-
Infant mortality rate per 1,000 livebirths	-	-	-	9.9	8.9	20.0
Neonatal mortality rate per 1,000 livebirths	-	-	-	9.9	8.9	13.8
Perinatal mortality rate (stillbirths and deaths under one week per 1,000 live and stillbirths)	-	-	-	32.4	29.1	28.2
Deaths from all causes	181	94	87	-	-	-
Death rate per 1,000 population	-	-	-	10.1	9.1	11.3

CAUSES OF DEATH

	Total	Male	Female
Malignant neoplasm, stomach	7	3	4
Malignant neoplasm, lung, bronchus	10	9	1
Malignant neoplasm, breast	5	-	5
Malignant neoplasm, uterus	1	-	1
Other malignant and lymphatic neoplasms	25	13	12
Diabetes	3	1	2
Vascular lesions of nervous system	20	6	14
Coronary disease, angina	49	29	20
Other heart disease	15	4	11
Other circulatory disease	10	4	6
Pneumonia	4	-	4
Bronchitis	6	5	1
Other diseases of respiratory system	2	2	-
Ulcer of stomach and duodenum	2	1	1
Nephritis and nephrosis	3	3	-
Hyperplasia of prostate	2	2	-
Congenital malformations	3	3	-
Other defined and ill-defined diseases	7	5	2
Motor vehicle accidents	2	1	1
All other accidents	2	1	1
Suicide	3	2	1
	181	94	87

NOTIFICATIONS OF INFECTIOUS DISEASES

Measles	109
Whooping Cough	25
Scarlet Fever	2
Pneumonia	13
Dysentery	1
Tuberculosis	4
	154

DIPHTHERIA IMMUNISATION

Age group born in:-

	1964	1963	1962	1961	1960	1955-59	1950-54	Total
Primary	114	121	11	4	-	4	2	256
Booster	-	7	9	5	-	137	48	206

SMALLPOX VACCINATION

	0-3 mths.	3-6 mths.	6-9 mths.	9-12 mths.	1	2-4	5-15	15 & over	Total
Primary vaccination	15	10	7	11	68	4	3	8	126
Re-vaccination	-	-	-	-	-	1	4	18	23

TETANUS IMMUNISATION

Primary

1 - 15	15 & over
20	9

Booster

All ages - 11

HOME HELP SERVICE

	No. of cases dealt with	Hours worked
Maternity	16	649
Chronic sick, aged and infirm	74	16,884

Number of Home Helps working at 31st December, 1964 36

TUBERCULOSIS

	Males		Females		
	Pul.	Non-Pul.	Pul.	Non-Pul.	Total
Number of cases on the register at 1.1.64	56	9	32	9	106
Number of cases added during the year	2	1	7	-	10
Number of cases removed during the year	5	2	5	2	14
Number of cases on the register at 31.12.64	53	8	34	7	102

Cases added to the register		Cases removed from the register	
New notifications	4	Recovered	9
Inward transfers	6	Died	1
		Removed to other areas	4
	10		14

REPORT OF THE PUBLIC HEALTH INSPECTOR

FOR THE YEAR 1964

Mr. Chairman, Ladies and Gentlemen,

I have the honour to present this Report upon the work of the Department during the year 1964.

HOUSING

Inspections were made of 154 houses and the following is the result of recommendations made and action taken in respect of this property:

Number of houses demolished and unfit houses closed:	6
Number of families re-housed:	3
Number of houses rendered fit as a result of informal action:	18
Number of houses rendered fit after service of formal notices	
Public Health Act 1936:	1
Housing Act 1957:	1
Applications for Certificates of Disrepair under the Rent Act 1957:	1

The following information has been provided by the Engineer and Surveyor:

Provision of New Housing Accommodation

Houses erected by private enterprise:	326
Houses erected by the Local Authority:	Nil

Improvements to houses

Number of dwellings in respect of which improvements were carried out with grants:	
Discretionary Grants:	48
Standard Grants:	30

MOVEABLE DWELLINGS

Number of licensed sites:	56
Number of caravans used for holiday accommodation:	2,377
Number of caravans used as permanent dwellings:	56
Number of visits to caravan and camping sites:	92

The laybys of the main A.12 trunk road near Gt. Yarmouth were again used by persons sleeping in cars, in tents and in caravans during the peak holiday season.

FOOD PREMISES

Total number of premises:	146
Number of visits to food premises:	221
Registered premises	
Ice Cream manufacturers:	1
Ice Cream retailers:	75
Sausage and preserved food manufacturers:	9

The standard of hygiene in food handling was good and no action was necessary under the Food Hygiene Regulations.

WATER SUPPLIES

Samples of water from domestic supplies were submitted to the Public Health Laboratory, Norwich, and the reports were as follows:-

	Mains supply	Private wells
Satisfactory	14	8
Unsatisfactory	-	10

21 samples of water from private wells for examination for nitrate content were taken and reports given by the Public Analyst on the suitability of these waters for infant feeding.

45 tests were made of water from swimming pools at holiday and caravan camps and a general improvement was found in the maintenance of the water in these pools.

The following is a list of the dwellings in the district supplied with water from the mains:-

Parish	Direct connection to dwelling-house	Standpipe
Barnby	61	13
Belton	160	-
Benacre	12	13
Blundeston	189	-
Bradwell	1133	12
Burgh Castle	116	5
Carlton Colville	600	-
Corton	179	-
Covehithe	-	13
Flixton	15	-
Fritton	55	-
Frostenden	46	29
Gisleham	80	11
Henham	4	2
Henstead	84	13
Herringfleet	26	-
Hopton-on-sea	260	-
Kessingland	653	22
Lound	91	-
Mutford	80	4
Oulton	60	-
Reydon	578	-
Rushmere	11	-
St. Olaves	42	-
Somerleyton	117	-
South Cove	2	10
Wangford	135	15
Wrentham	202	59
Uggeshall	20	11
	5011	232

RODENT CONTROL

The following is a record of inspections made for infestations and of treatments carried out by the two men employed on this service:-

	Dwelling-houses	Farms	Other Premises
Inspections	1720	108	176
Treatments	679	55	38

No serious increase was found in the number of rats in any part of the district and the sewers remained clear from infestation. The routine work of the operators was carried out in a very satisfactory manner.

SLAUGHTERHOUSES

The following carcases and offals were inspected:-

	Cattle	Cows	Calves	Sheep	Pigs
Number of animals killed and inspected	1339	29	12	415	2989
Diseases other than T.B. and Cystercosis					
Number of whole carcases condemned	1	1	-	1	4
Number of carcases of which some part or organ was condemned	274	19	-	-	294
Tuberculosis only					
Number of whole carcases condemned	-	-	-	-	-
Number of carcases of which some part or organ was condemned	1	-	-	-	53
Cystercosis					
Number of whole carcases condemned	1	-			
Number of carcases submitted for treatment by refrigeration	-	-			

The total weight of meat and offals condemned amounted to 3 tons 1 qtr. 22 lbs. This diseased and unsound meat was collected by the Suffolk Fat & Bone Company and processed immediately on arrival at the factory at Oulton.

Number of licensed slaughterhouses	3
Number of visits to slaughterhouses	580
Number of knackers yards	1
Number of licensed slaughtermen	14

FACTORIES ACT 1937

Inspections for purposes on provision as to health:

Premises	Number on register	Inspections
Factories in which Sections 1,2,3,4 & 6 are to be enforced by the Local Authority	7	10
Factories not included above in which Section 7 is enforced by the Local Authority	45	57

In one case only was there found to be lack of proper sanitary accommodation and this was remedied.

PETROLEUM (REGULATION) ACTS 1928 and 1936

71 licences were issued for storage of petroleum spirit and a number of tests were carried out of new and existing installations, all of which were found to be satisfactory.

PUBLIC CLEANSING SERVICES

Refuse Collection

The following vehicles were used:

		Capacity	Mileage	Diesel Fuel used
UBJ 590	1956	18 cubic yds.	10,118	876 galls.
YBJ 296	1958	25 cubic yds.	10,235	1,112 galls.
401 LBJ	1962	25 cubic yds.	11,533	1,043 galls.

There is now a weekly collection of refuse in 13 parishes. The remainder of the district receives a fortnightly collection. All refuse was disposed of on the Council's controlled tips at Camps Heath, Oulton, and on land adjoining the sewage disposal works at Kessingland and by arrangement on the tip of the Southwold Borough Council. The total number of loads was 1,602 with an estimated weight of 3500 tons of refuse.

Cesspool emptying

The following vehicles were used:

		Capacity	Mileage	Diesel Fuel used
OBJ 322	1953	1,000 galls.	2,920	256 galls.
335 CRT	1959	1,100 galls	12,506	1,074 galls.
308 URT	1964	1,000 galls	16,030	1,209 galls.

The number of private cesspools and septic tanks requiring this service increased from 557 to 666 and in all 4,660,000 gallons of sewage were removed. Continued difficulties were experienced in disposing of this sewage.

OFFICE SHOPS & RAILWAY PREMISES ACT 1963

The following premises were registered under this Act:-

Offices	16
Retail shops	17
Catering establishments	4
Fuel storage depots	1.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

RALPH GROAT

Public Health Inspector.